The 5th ESPEN Workshop

Intestinal Failure in Adults

The 5th ESPEN Workshop on the theme of Intestinal Failure in Adults was held in Bologna, Italy on 15 and 16 October 2017 under the leadership of Professor Loris Pironi and assisted by Professor Dileep Lobo, Chair of the Scientific Committee of ESPEN.

The workshop commenced with a Life Long Learning Course on Home Parenteral Nutrition in Adults that was attended by 70 delegates from 50 countries and set the tone for the main workshop.

The Scientific Workshop was attended by 128 delegates from 23 countries and there were 28 faculty members.

The four main sessions included an introduction to the condition along with pathophysiology and clinical structures, sessions on acute, prolonged acute and chronic intestinal failure, and an optimal model for a 10-year strategy. The sessions were largely based on discussion of a complicated clinical case and development of an evidence-based management strategy. The speakers were international experts in the field and so were the panellists who participated in a very interactive discussion with the audience. In summary, the workshop provided a state-of-the-art view on a number of difficult aspects of intestinal failure.

Overall, the workshop had great educational and scientific value and the informal feedback has been very good. The speakers are now in the process of drafting an ESPEN Expert Review on the subject and this will be submitted for consideration for publication in Clinical Nutrition.

ESPEN would like to thank Professor Pironi and the team from NOEMA for the excellent organisation. Gratitude is also owed to the speakers and panellists for their excellent contributions that helped make the workshop a success.

ESPEN looks forward to welcoming you to the 6th ESPEN Workshop which will be on Perioperative Nutrition in October 2018. Details will be announced very soon.