

**Location: Hogeschool van Amsterdam, Amsterdam, The Netherlands**

Course leader: Marian de van der Schueren. Course organisation: Nutritional Assessment Platform, the Netherlands

9 november 2017

Time	Topic
14:00	Welcome Start: introduction and establishing learning goals.
14:15-14.45 14.45-15.15	What is nutritional screening and assessment? Overview of screening (tools) and the four domains of nutritional assessment: body composition, biochemical analyses, dietary intake in relation to requirements, and functional and clinical assessment.
15:15 – 15:45	Coffee/tea break
15:45 – 17:45	Workshop Screening tools and anthropometry demi span, knee-height, upper-arm (muscle) circumference, skinfold thickness measurements
17:45 – 18:00	Recap
18:00	Diner buffet

10 november 2017

Time	Topic
9:00 – 10:15	Workshop Bio electrical impedance analysis single and multi-frequency
10:15 – 10:45	Coffee/tea break
10:45 – 13:00	Workshop Advanced methods: Indirect calorimetry (standard and portable devices) Dual X-ray absorptiometry Air Displacement Plethysmography (BODPOD) CT scan / echography
13:00 – 14:00	Lunch
14:00 – 15:30	Workshop Functional assessment: Hand grip strength, walking test, 1-RM, short physical performance battery
15:30 – 16:00	Coffee/tea break
16:00 – 17:00	Case studies Recap theory and practice, and implementation into (clinical) practice
17:00 – 18:00 18:00	Evaluation, Wrap-up End of program

We can have (only) 20 applicants for this course. For the selection of applicants, we ask you to send us a short motivation and CV, including your background and background knowledge, the setting you work in, work address, and contact details.

The course will be held in Amsterdam, the Netherlands. The course is open to ESPEN members only. ESPEN will cover most of the costs; the additional individual course fee is 100 euros. Once you have been accepted for the course we will send you further payment instructions. Please note that travel and hotels are not covered by ESPEN, and are for your own costs. We will provide you with suggestions for reasonably priced hotels after your acceptance.

We look forward to receiving your application.

Please send it to: marian.devanderschueren@han.nl