Tearing down barriers – nutrition brings people together
Welcome Message

Dear colleagues,

On behalf of the Local Organising Committee and the German Society for Clinical Nutrition (DGEM) we would like to invite you to the 35th ESPEN Congress 2013 held for the second time in Leipzig. Many of you may have already participated at the 10th congress in Leipzig in 1988. Since then Europe has changed tremendously. 25 years on, we are grateful to have the opportunity once again to host the ESPEN Congress and to share with you this “wind of change”.

The city of Leipzig in the former GDR was the origin of the peaceful revolution in 1989, which was the beginning of “Freiheit” (freedom) and the reunification of Germany. This historical background creates the theme for the congress: “Tearing down barriers – nutrition brings people together”. You can expect an interesting, broad and open minded programme, offering both updated and cutting-edge science, as well as clinical practice.

As a congress venue, Leipzig offers a lot: one of the most modern congress sites in Germany, a superb infrastructure, and all the charms of an adorable city in which you can enjoy your leisure time.

The city of Leipzig has a rich heritage in both music and the performing arts. Names like Johann Sebastian Bach and Felix Mendelssohn Bartholdy are inseparably linked to the city. The “Gewandhaus” Concert Hall is home to a world-class Orchestra known for its excellence in classical music performances. In addition, one of the oldest and most famous German Boys’ Choirs, the “Thomanerchor” of the St. Thomas Church, celebrated its 800th anniversary in 2012. Its most famous choirmaster from 1723 to 1750 was none other than Johann Sebastian Bach.

The people of Leipzig will be delighted to welcome participants from all over the world, to share and exchange ideas, and to make their guests feel at home.

We hope to see you in Leipzig in 2013.

The Local Organising Committee

Arved Weimann, President
Stephan C. Bischoff, Scientific Committee
Matthias Pirlich, Educational and Clinical Practice Committee
Main topics of the Programme

Plenary lectures
- Leipzig Special Lecture
- Sir David Cuthbertson Lecture
- Arvid Wretlind Lecture

Scientific Sessions Basic science and clinical nutrition

*Challenge of malnutrition in an aging society*
- Nutrition, brain aging and neurodegenerative disease
- Overcoming the age-related anabolic barrier
- Critical micronutrients and fluid therapy

*Role of nutrition in medical prevention*
- Obesity and nutritional risk
- Metabolic adaptation to cachexia
- The ideal hospital food
- Nutri(epi)genetics and clinical endpoints in children

*Molecular and metabolic mechanisms of nutrition-associated diseases*
- Food allergy and intolerance
- Nutritional concepts and rheumatic disorders
- Transplantation medicine
- Sepsis in the ICU and the role of the GI barrier

Educational & Clinical Practice Sessions
- Probiotics in practice
- Nutrition and cognition
- Nutrition and cancer: impact on outcome
- Conditioning the surgical risk patient
- Treatment of neurogenic cachexia – new guidelines
- The ideal hospital food
- Multimodality treatment in morbid obesity
- Micronutrient supplementation in risk patients: pro and con
- Prognostic impact of body composition

Committees

**Local Organising Committee**
Arved Weimann, President
Stephan C. Bischoff: Scientific Committee
Matthias Pirlich: Educational Committee
Mathias Plauth
Ingolf Schießke
Tatjana Schütz

**Local Scientific Committee**
Stephan C. Bischoff, Anja Bosy-Westphal
Thomas Felbinger, Wolfgang Hartl
Berthold Koletzko, Herbert Lochs
Manfred James Müller, Marek Pertkiewicz
Cornel Sieber, Peter Stehle
Michael Stumvoll

**Local Educational and Clinical Practice Committee**
Matthias Pirlich, Michael Adolph
Jann Arends, Andrea Lambeck
Christian Löser, Kristina Norman
Johann Ockenga, Lubos Sobotka
Doris Steinkamp, Dorothee Volkert

**Central ESPEN Executive Committee**
Pierre Singer, Chairperson
Rocco Barazzoni, General Secretary
Tommy Cederholm, Treasurer
Arved Weimann, President 2013 Leipzig

**Central ESPEN Scientific Committee**
Philip Calder, Chairperson
Dileep Lobo, Raanan Shamir,
Ronan Thibaut, Permanent Members
Stephan C. Bischoff, Rotating Member
Nicolaas E.P. Deutz, Editor

**Central ESPEN Educational and Clinical Practice Committee**
Alessandro Laviano, Chairperson
Matthias Pirlich, Physician
Cornel Sieber, Physician
Sylwia Osowska, Pharmacist
Maria Larsson, Nurse
Marian van Bokhorst-de van der Schueren, Dietitian

**Associated**
Claude Pichard, LLL director
Rémy Meier, Regina Komsa,
LLL Codirectors
Michael Chourdakis, IT Officer
Leipzig is located in the East of Germany, in a low-lying area in the north-western part of Saxony by the rivers Elster, Pleisse and Parthe. Its average altitude above sea-level is 118 m. Leipzig currently has about 500,000 inhabitants. The city covers an area of 297.6 km² and enjoys a generally relatively mild climate. The mean temperature in Leipzig in August/September is around 18 degrees Celsius.

Leipzig is a traditional focus of traffic infrastructure. Having grown as a trade-fair and commercial centre at the crossroads of two military and commercial routes, today more than ever the city focuses traffic routes from all directions. So there are numerous ways of getting to Leipzig, including the Leipzig/Halle airport. Its schedule includes direct flights from/to big European cities such as London, Istanbul, Rome, Madrid, Barcelona, Milan or Vienna as well as some long distances destinations.

Visitors who come to Leipzig for a conference will hopefully be able to spend some leisurely hours and dive into the charms and attractions of the host city: the unique flair, the whole variety of things to do and to see: from the concert in the Gewandhaus Concert Hall to a relaxed pub crawl in the evening. Visitors should not miss the architectural gems of Renaissance, Baroque and Art Nouveau, the openness and hospitality of Leipzig people.

There are only few cities which have such a rich musical tradition as Leipzig. Johann Sebastian Bach was the choirmaster of St. Thomas Church from 1723 to 1750. The house where Felix Mendelssohn Bartholdy died can be visited in Leipzig. The story of Robert and Clara Schumann is inseparably linked with Leipzig, and Richard Wagner was born in the city in 1813. Don’t miss such an opportunity to discover this brilliant city at the same time as the rich scientific and educational programmes of the Congress.

### Important Dates and Deadlines

- Opening of abstract submission: 9 January 2013
- Closing of abstract submission: 4 April 2013
- Opening of late breaking abstract submission: 14 May 2013
- Early registration deadline: 15 May 2013
- Deadline for late breaking abstracts (posters only): 19 June 2013
- No refunds for hotel cancellation after: 12 July 2013